Curriculum Vitae of Stephen L. Brown

I. PROFESSIONAL AFFILIATION AND CONTACT INFORMATION

Sam Houston State University College of Health Sciences Department of Population Health 209 Allen House Huntsville, TX 77320 (936) 294-4328 sbrown@shsu.edu

II. <u>EDUCATION</u>

Ph.D., Public and Community Health

University of Maryland School of Public Health

(Formerly: Department of Public and Community Health)

Dissertation: Teaching preventive mental health skills to functional college students: A

 $comparison\ of\ three\ classroom\mbox{-}based\ interventions$

July 2001

M.S., Exercise and Wellness

Arizona State University
Exercise Science Department
Thesis: A Meta-Analysis of Worksite Fitness Programs and Absenteeism
June 1997

B.S., Business Management

Brigham Young University School of Management April 1992

II. ADMINISTRATIVE POSITIONS

Acting Chair Sam Houston State University Department of Population Health Huntsville, TX 77320 (February 2016-June 2016) Coordinator for a) Health Sciences Major, b) Public Health Major, c) Health Major, d) Health Minor, and e) Health Communications Graduate Certificate programs

Sam Houston State University

Department of Population Health

Huntsville, TX 77320

(February 2016-present)

Acting Chair Southern Illinois University Carbondale Department of Health Education and Recreation Carbondale, IL (December 2013-May 2014)

Director of Graduate Studies Southern Illinois University Carbondale Department of Health Education and Recreation Carbondale, IL (December 2010-August 2014)

MPH Practicum Coordinator Southern Illinois University Carbondale Department of Health Education and Recreation Carbondale, IL (December 2009-Januray 2011)

Supervisor, Community Health Interns and School Health Student Teachers University of Maryland
Department of Public and Community Health
College Park, MD
(1999-2001)

III. <u>ACADEMIC POSITIONS</u>

Tenured Professor Sam Houston State University Department of Population Health Huntsville, TX 77320 (August 2017-present)

Associate Professor Sam Houston State University Department of Population Health Huntsville, TX 77320 (August 2014-2017)

Tenured Associate Professor Southern Illinois University Carbondale Department of Health Education and Recreation Carbondale, IL (August 2007-August 2014)

Assistant Professor

Southern Illinois University Carbondale Department of Health Education and Recreation Carbondale, IL (August 2001-July 2007)

Adjunct Faculty
University College—University of Maryland System
College of Behavioral, Social, and Natural Sciences
College Park, MD
(1998-2001)

Graduate Teaching Assistant & Term Instructor University of Maryland Department of Public and Community Health College Park, MD (1997-2001)

Instructor Arizona State University Learning Resource Center Tempe, AZ (1996-1997)

Graduate Teaching Assistant Arizona State University Exercise Science Department Tempe, AZ (1994-1996)

IV. RESEARCH AND CREATIVE ACTIVITY

A. Interests and Specialties:

- 1) adolescent /young adult health literacy and behavior
- 2) mental/emotional health education and stress management
- 3) weight control behavioral informatics
- 4) environmental health

B. Current projects:

(* = student at time of research)

1) Manuscripts in review

*Kim, J, **Brown, SL**., and Yang, H (in review) "The Associations between Leisure, Stress, and Helath Behavior in University Students" *American Journal of Health Education*

Brown, SL., Xie, Y. and Scarbrough, A. (in review) Pre-post Release Health in U.S. Adult Male Convicts. *J Soc Service Res*

*Moyer, M and **Brown SL**., (in review) When power is denied: A mixed-methods investigation to understand attrition rates in an interactive web-based platform. *The Health Educator*

2) Work in progress

- Brown, SL, Ratcliff C and Randall, G. Lasting changes in Adult Well Being.
- **Brown, SL.,** Xie, Y and Scarbrough, A. Self-Reported Health Status Following Reentry. SVORI Multi-site Impact Evaluation of Adult female inmates
- **Brown**, **SL.**, Scarbrough, A., and Xie, Y. Juvenile health status during and after incarceration; SVORI Multi-site Impact Evaluation.
- **Brown, SL,** Ratnapradipa DT, Design and Validation of a Environmental Health Literacy Measure
- *Ball, J. Brown, SL., and *Bice, M. (in progress). Suggestions for Creating and Instructing a Distance Education Course in Health Education.
- Teufel, J, **Brown, S.L.**, Dansinger, D., Weiand, M., *Ogita, S., and *Sheng, Y. (In Progress). Funding Trends: The relationship between National Institutes of Health funding and state socioeconomic factors.
- Teufel, Dinman, **Brown**, Dausey, Cook, Holtgrave, Lovegreen (in progress). Improving functional physical fitness and independence among older adults in community settings: A replication and extension study.

C. Grants and Contracts:

Funded:

Scarbrough (Principal), **Brown**, **SL** (Co-Investigator). Culturally Appropriate Interventions to Recruited URM into STEM. Enhancement Research Grant. Sam Houston State University. (\$15,000). Funded.

Brown, **SL** (Principal). Contract with Jackson County Health Department, IL. August 2013-2014 (\$31,382) Funded.

Brown, SL (Co-principal Investigator), Ratanapradipa, D (Co-principal Investigator). Developing an assessment tool to evaluate environmental health awareness in the community. Funding source: Pursuit of Excellence, SIU. August 2009-May 2011. (\$31,400) Funded.

Brown, SL (Principal Investigator). Contract for SI Cancer Partnership. Funding Source: Hope Life Foundation. March 2009-August 2009. (\$9,100) Funded.

Brown, SL (Co-principal Investigator). Birch, DA (Co-principal Investigator). KidsHealth KidsPoll renewed. Funding source: National Association of Health Education Centers. July 2006-June 2007. (\$14,600) Funded.

Brown, SL (Co-principal Investigator). Birch, DA (Co-principal Investigator). KidsHealth KidsPoll renewed. Funding source: National Association of Health Education Centers. September 2005-August 2006. (\$10,400) Funded.

Brown, SL (Co-principal Investigator), Birch, DA (Co-principal Investigator). KidsHealth KidsPoll renewed. Funding source: National Association of Health Education Centers. September 2004-August 2005. (\$10,000) Funded.

Brown, SL (Co-principal Investigator), Birch, DA (Co-principal Investigator). KidsHealth KidsPoll. Funding source: National Association of Health Education Centers. September 2003-August 2004. (\$27,000) Funded.

Unfunded:

Ratanapradipa, D (Co-principal Investigator), **Brown, SL** (Co-principal Investigator), Fokum, F and Churchill, S.. Strategic plan to utilize existing community health resources in developing a healthy housing alliance in Southern Illinois. Funding source: Centers for Disease Control and Prevention. August 2009-June 2011. (\$215,000) Recommended, Not Funded.

Ratanapradipa, D (Principal Investigator), **Brown, SL** (Co Investigator), and Ruffing, A.. Promoting Fish Consumption Awareness: Are Minorities Hearing and Heeding Fish Advisory Messages? Funding source: National Institutes of Health. August 2009-June 2011. (\$895,000) Not Awarded.

Brown, **SL** (Principal Investigator). Defining Wisdom. Funding source: Defining Wisdom Project. September 2008-August 2010 (\$100,000). Not-Awarded.

Brown, **SL** (Co-principal Investigator), Birch, DA (Co-principal Investigator). TeachersPoll. Funding source: National Association of Health Education Centers. September 2007-August 2008. (\$15,900) Awarded, Not-Funded.

D. Papers and Presentations at Professional Meetings:

(* = student at time of research)

Moyer*, M. & Brown, SL (2017) Emerging themes to attain lower attrition rates in a web-based intervention. 2017 Society for Public Health Education conference.

Kim*, J., **Brown**, **SL** (2016) Types of leisure, leisure motivation, and well-being in university students. American Therapeutic Recreation Association conference, 2016. San Antonio Tx.

Brown, S.L. & Brown*, (2015) A. Population Health: Collaboration and Trends. 2015 International Health Sciences Conference, San Jose, Costa Rica.

Brown, S.L. (2015) Current Issues in Correctional Health. 2015 International Health Sciences Conference, San Jose, Costa Rica.

Moyer*, M. & Brown, S.L. (2015) Use of an interactive web-based platform, founded on constructs from the social cognitive theory, to benefit eating competence. Proposal New York State Public Health Association 2015 Annual Meeting

Kim*, J.H. & **Brown**, S.L. (2012) The associations between leisure, stress, and health behavior. Presented at the 2012 AAHE/AAHPERD Convention in Boston, March 2012.

Ratnapradipa, D., Wodika*, A., Middleton*, W., & **Brown, S.L**. (2012). Environmental Health Perception Among College Students. Educational Conference and Exhibition, National Environmental Health Association: San Diego, CA.

Ratnapradipa, D., Wodika*, A., Middleton*, W., Preihs*, K. & **Brown, S.L**. (2012). Qualitative Refinement of an Environmental Health Awareness Survey: How much does the public know about EH.. Submitted to the Educational Conference and Exhibition, National Environmental Health Association: San Diego, CA.

Sullivan*, M.R., **Brown**, S.L., and Schiraldi, G.R. (2011) Comprehensive Resilience Training: A Comparison of Three Approaches. Presented at Armed Forces Public Health Conference Hampton, VA, March18-25, 2011.

Rhatnapradipa, D, Parry, T., Wodika*, A & **Brown, S.L**. (2011) Environmental Health Perception among Physical Education Teacher Candidates. Presented at the 2011 AAHE/AAHPERD Convention in San Diego, March 29-April 2, 2011.

Brown, S.L., Johnson*, C. (2010). Weight Loss Best Practice: Delphi Assessment and Literature Review. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, Indianapolis, IN.

Ratnapradipa, D., Rhode*, D., Wodika*. A., Brown, S.L. (2010). Environmental Health Knowledge, Attitude, and Behavior among Pre-service Teachers. 61st Annual

- Meeting of the Society of Public Health Education on November 5, 2010 in Denver, CO.
- Whitney*, E, Ogletree, R., Peterson, S., Fetro, J., **Brown, S.L.,** Aud, S.V. (2009) Exploring the Capacity of Mid-Western Middle School To Sustain a Type 2 Diabetes Prevention Program within the Coordinated School Health Program framework: A Case Study Approach. Presented at the Annual Meeting of the American School Health Association. Dever CO.
- **Brown, S.L.**, Birch, D.A., Raj*, s., Izenberg, N., Midland, D. (2008). Conflict: Experiences and attitudes of early adolescents. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance.
- **Brown, S.L.**, Birch, D.A., Raj*, S., Izenberg, N., Midland, D. (2008). What do adolescent worry about most. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance.
- Teufel*, J., Thorne, W., **Brown, S**. & Goffinet, D. (2008). Process and impact evaluation of a sustainable legal assistance and health care community partnership. Presented at the Society for Public Health Education, Chicago, IL.
- **Brown, SL**, Teufel*, J, Birch, DA, Izenberg, NA, Midland, D. (2007). Correlates of parent-child connectedness as a health protective factor. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, Baltimore, MD.
- Birch, D.A., **Brown, S.L.**, Midland, D., Teufel*, J., & Izenberg, N. (2007). Surveying early adolescents: Methodology and lessons learned from three years of the KidsHealth KidsPoll. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance.
- Lee*, HJ, Moser, M, **Brown**, **SL**, Schiraldi, GR. (2007). Correlates of resilience in the face of adversity in a mother-daughter Korean population. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, Baltimore, MD.
- Pettit*, M, Kittleson, MJ, **Brown, SL**, Ritzel, DO. (2007). Assessment of health risk behaviors among college students and GED candidates. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, Baltimore, MD.
- Pettit*, M, Kittleson, MJ, **Brown**, **SL**, Ritzel, DO. (2007). An assessment of preferred health information sources among college students and GED candidates. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, Baltimore, MD.

- **Brown, S.L.**, Birch, D.A., Teufel*, J., Izenberg, N., Midland, D. (2006). Sleep: Experiences and attitudes of early adolescents. Presented at the Annual Meeting of the American Public Health Association, Boston, MA.
- **Brown, S.L.**, Birch, D.A., Teufel*, J., Izenberg, N., Midland, D. (2006). Overprogrammed children and stress. Presented at the Annual Meeting of the American School Health Association, St. Louis, MO.
- Teufel*, J., **Brown, S.L**., Birch, D.A., Izenberg, N., Midland, D. (2006). Student perceptions of school health. Presented at the Annual Meeting of the American School Health Association, St. Louis, MO.
- **Brown, S.L.**, Birch, D.A., Teufel*, J., Boyer, M., Midland, D. (2006). How do children cope with worry and stress? Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, Salt Lake City, UT.
- **Brown, S.L.**, Birch, D.A., Teufel*, J., Boyer, M., Midland, D. (2006). Tobacco: Attitudes and opinions of elementary school children. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, Salt Lake City, UT.
- **Brown, S.L.**, Birch, D.A., Teufel*, J., Boyer, M., Midland, D. (2006). Healthy eating: Attitudes and perceptions of elementary school children. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, Salt Lake City, UT.
- **Brown, S.L.**, Birch, D.A., Teufel*, J., Boyer, M., Midland, D. (2005). Health literacy: Attitudes and opinion of elementary school children. Presented at the Annual Meeting of the American School Health Association, Burbank, CA.
- **Brown, S.L.**, Birch, D.A., Teufel*, J., Boyer, M., Midland, D. (2005). What do children worry about and what do they do when they are worried. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, Chicago, IL.
- **Brown, S.L.**, Birch, D.A., Kancherla*, V, Boyer, M., Midland, D. (2004). Bullying: Attitudes and opinions of elementary school children. Presented at the Annual Meeting of the American Public Health Association Annual Meeting, San Diego, CA.
- **Brown, S.L.**, Birch, D.A., Kancherla*, V, Boyer, M., Midland, D. (2004). Underage alcohol consumption: Attitudes and opinions of elementary school children. Presented at the Annual Meeting of the American Public Health Association Annual Meeting, San Diego, CA.
- **Brown, S.L.,** Wrobleski*, P., Schiraldi, G.R. (2004). Obesity, eating behavior, and mental health. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, New Orleans, LA.

- **Brown, S.L.**, Schiraldi, G.R. (2004). Life philosophies as predictors of depression, somatic symptoms, and life satisfaction among college students over the last twenty years. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, New Orleans, LA.
- **Brown, S.L.**, Birch, D.A., Kancherla*, V, Boyer, M., Midland, D. (2004). Childhood obesity from a child's perspective: Weight control experience, attitude and instructional preference of 9-13 year olds. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, New Orleans, LA.
- **Brown, S.L**. (2003). Common fears of college men and women before and after September 2001. Presented at the Annual Meeting of the American Public Health Association, San Francisco, CA.
- **Brown, S.L.,** Schiraldi, G.R., Wrobleski*, P. (2003). Psychological strengths as correlates of happiness and health symptomotology in college students. Presented at the Annual International Positive Psychology Summit, Washington, DC.
- **Brown, S.L**. (2003). Correlation among indices of mental health in college students. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, Philadelphia, PA.
- **Brown, S.L.** (2003). Classroom-based interventions for reducing anger in college students. Presented at the National Conference of the American Alliance for Health, Physical Education, Recreation, & Dance, Philadelphia, PA.
- **Brown, S.L.** (2002). Teaching preventive mental health skills to functional college students: A comparison of three classroom-based interventions. Presented at the Annual Meeting of the American Public Health Association, Philadelphia, PA.
- **Brown, S.L.** and Schiraldi G.R. (2000). Reducing symptoms of anxiety and depression: combined results of a cognitive-behavioral college course. Presented at the Annual Meeting of the Anxiety Disorders Association of America, Washington, DC.
- Schiraldi, G.R. **Brown, S.L**. (2000). Preventing mental illness: Results of a cognitive-behavioral college course. Presented at the Annual Meeting of the American Psychological Association, Washington, DC.
- **Brown, S.L.** Surgent, F. (2000). Are internships really the capstone experience. Presented at the Annual Meeting of the Maryland Association of Health, Physical Education, Recreation, & Dance, Townsend, MD.
- **Brown, S.L.** (2000). From green to gold: Panel on undergraduate internships in health, physical education, and recreation. Moderator. Presented at the Annual Meeting of the Maryland Association of Health, Physical Education, Recreation, & Dance, Townsend, MD.

E. Other Conferences attended

- American Correctional Association Conference, February 2015, Long Beach, CA
- National Commission on Correctional Health Care Conference, April 2015, New Orleans, LA
- International Health Sciences Conference, September, 2015, San Jose, Costa Rica.
- National Commission on Correctional Health Care Conference, October 2015, Dallas, TX
- Undergraduate Public Health Summit, November, 2014, New Orleans, LA

V. PUBLICATIONS AND CREATIVE WORKS

A. Articles in Professional Journals: (* = student at time of research)

*Kim, JH and **Brown**, **SL** (in press). Types of Leisure, Leisure Motivation, and Well-Being in University Students. *World Leisure Journal*.

Brown, SL, (2017) Teaching Economic Evaluation of Health Promotion Programs. *Pedagogy in Health Promotion*. Online first: 1-8. DOI: 10.1177/2373379916671958

Hyman, W. and **Brown**, **SL**. (2017). E-cigarettes and Vaping: Strategies for Risk Prevention" *Texas Public Health Journal*.

Brown, SL, Teufel*, J, Ratnapradipa, DT, Abrams*, TA, Birch, DA. (2016). Family meals and adolescent perceptions of parent-child connectedness. *Journal of Family Studies*. Online first 18 Jul 2016 http://dx.doi.org/10.1080/13229400.2016.1200115

Ratnapradipa D, Middleton* WK, Wodika* AB, **Brown SL**, Preihs K. (2015). What does the public know about environmental health? A qualitative approach to refining an environmental health awareness instrument. *Journal of Environmental Health*, *Apr*; 77(8):22-8.

Brown, S.L., Gumayan*, R. Land*, D., Johnson*, C and Miller, K. (2014). Expert Panel Consensus for and Analysis of Key Attributes on Websites devoted to Weight Control. *American Journal of Health Education*, 45:6, 322-334. 5

Bice*, M., Ball*, J, **Brown, SL**, Parry, T. (2014). Influence of high school sport participation and adult physical activity. *Journal of Sport and Health Research*, 6(3): 253-264. 5

Bice*, M., **Brown, SL**, Parry, T. (2014). Retrospective evaluation of factors that influence the implementation of C.A.T.C.H. in southern Illinois schools. *Health Promotion Practice*, 15(5): 706-13. 5

- Werner, D., Teufel, J., **Brown, S.L**. (2014) Evaluation of a peer-led, low-intensity physical activity program for older adults: ExerStart for Lay Leaders. *American Journal of Health Education*, 45(3), 133-141. 5
- **Brown, S.L.**, *Chopra, P.K & Schiraldi (2013). Validation of a five-factor measure of humility: The Humility Inventory. *International Journal of Educational and Psychological Assessment*. 12(2), 57-77. 5
- **Brown, SL**, Teufel, J., *Gutma, Y., Birch, DA (2012). Family and personal predictors of early adolescent eating patterns. *California Journal of Health Promotion*. 10(SE), 74-80.
- Teufel, J, Werner, D., Goffinet, D., Thorne, R.W., **Brown, S.L**. (2012). Rural medicallegal partnership and advocacy: A three-year follow-up study. *Journal of Health Care for the Poor and Underserved.* 4
- Werner D, Teufel J, Holtgrave PL, **Brown SL**. (2012). Active generations: An intergenerational approach to preventing childhood obesity. *Journal of School Health*, 82: 389-395. 5
- **Brown, S.L.**, *Nobiling, B., Teufel J.A. and Birch D.A. (2011) Are kids too busy? Early adolescents' perceptions of discretionary activities, over-scheduling, and stress. *Journal of School Health.*81(9), 574-80. 5
- Rhantnapradipa, D.T., **Brown, SL**, *Middleton, W., and *Wodika (2011). Measuring Environmental Health Awareness among College Students. *The Health Educator*. 43(2): 13-20. 4
- Werner, D., Teufel, J., **Brown, S.L**. (2011). Exploring the Experience of Older Adults Volunteering with an Intergenerational Program to Prevent Childhood Obesity. *The California Journal of Health Promotion.* 9(1), 01-08. 4
- *King, K. M., Ogletree, B., Fetro, J **Brown, S**., & Partridge, J. (2011). Predisposing, reinforcing, and enabling predictors of middle school children's after-school physical activity participation. *American Journal of Health Education*. 42(3). 142-153. 5
- Ratnapradipa, D.T., **Brown, SL**, and *Wodika, AB. (2011) Examining the Breadth and Depth Of Environmental Health Through a Modified Delphi Technique. American *Journal of Health Education*, 42(1), 50-57. 5
- Ratnapradipa, D.; *Rhodes, D.; and **Brown, S.L.** (2011) Evaluating Pre-Service Teacher Workforce: Environmental Health Knowledge, Attitude, and Behavior, *Online Journal for Workforce Education and Development*: Vol. 5: Iss. 1, Article 4. 4
- Schiraldi, G. R., *Jackson, T. K., **Brown, S. L**., & Jordan, J. B. (2010). Resilience Training for Functioning Adults: Program Description and Preliminary Findings From a Pilot Investigation. <u>International Journal of Emergency Mental Health</u>, 12 (2). 117-129.

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- **Brown, S.L.** Schiraldi G.R. & *Wrobleski, P. (2009). Association of eating behaviors and obesity with psychosocial and familial influences. *American Journal of Health Education*, 40(2), 80-89. 5
- Teufel, J.A., **Brown, S.L.,** Thorne, R.W. & Goffinet, D. (2009). Process and impact evaluation of a legal assistance and health care community partnership. *Health Promotion Practice*, 10(3), 378-385. 5
- **Brown, S.L.**, Ruschhaupt, D. & Birch, D.A. (2008). Use of participant response systems by health education centers. *The Health Education Monograph Series*, 25(1), 53-59. 3-4
- *Lee, H, **Brown, S.L.**, Mitchel, M., & Schiraldi, G.R. (2008). Correlates of resilience in the face of adversity for Korean women immigrating to the U.S. *Journal of Immigrant and Minority Health*, 10(5), 415-422. 5
- **Brown, SL**, Birch, DA, *Teufel, J, *Raj, S, Izenberg, N, Lyness, D, & Kancherla, V. (2007). Reported alcohol use and perception of use among early adolescents. *American Journal of Health Studies*, 22(1), 33-41. 5
- **Brown, S.L**. & Schiraldi G.R. (2007). Helping adolescents understand and manage anger. *American Journal of Health Education*. 38(1), 44-50. 5
- *Teufel, J, **Brown, SL**, Birch, DA, Izenberg, N, & Lyness, D. (2007). Sleep among early adolescents. *The American Journal of Health Studies*, 22(1), 10-17.
- **Brown, SL**, *Teufel, J, Birch, DA, & *Raj, S. (2007). Effects of single lesson tobacco prevention curriculum on knowledge, skill identification and smoking intention. *Journal of Drug Education*, 37(1), 55-69.
- *Teufel, J, **Brown, SL**, & Birch, DA. (2007). Reports of self-harm and social stressors among early adolescents. *The Health Educator*. *39*, 18-23
- **Brown**, **SL**, *Teufel, J, Birch, DA, & Izenberg, N, Lyness, D. (2007) Early adolescent's perceptions of health literacy. *Journal of School Health*. 77, 7-15
- *McCrary-Quarles, A.R, *Pettit, M.L, *Rahman, F, & **Brown, S.L**. (2006). Intent to advocate before and after a health education workshop. *The Health Educator*.
- **Brown, SL**, Birch, DA, *Teufel, J, & *Kancherla, V. (2006). Gender and age differences in adolescent worry and related information seeking. *Journal of School Health*, 76(8), 430-437.
- **Brown, SL**, Birch, DA, *Teufel, J, & *Kancherla, V. (2006). Overweight in children: The perspective of 9-13 year olds. *American Journal of Health Education*, 37(5), 296-305.
- **Brown, SL**, *Teufel, J, Birch, DA, & Izenberg, N, Lyness, D. (2006) Perceptions of tobacco use in early adolescents. *Journal of Primary Prevention*, 27(5), 515-526.

Kittleson, M, & **Brown**, **SL**. (2005). E-mail versus web survey response rates among health education professionals. *American Journal of Health Studies*, 20(1), 7-14.

Brown, SL, Birch, DA, & *Kancherla, V. (2005). Bullying perspectives: Experience, attitude and recommendations of 9-13 Year Olds. *Journal of School Health*, 75(10), 384-392.

Brown, S.L. & Schiraldi G.R. (2004). Reducing sub-clinical symptoms of anxiety and depression: A Comparison of two college courses for. *American Journal of Health Education*, 35(3), 158-164.

Schiraldi, G.R. & **Brown**, S.L. (2002). Preventive mental health education for functioning adults: Stress, coping, and mental health courses at the University of Maryland. *International Journal of Emergency Mental Health*, 4(1), 59-63.

Schiraldi, G.R. & **Brown, S.L**. (2001). Primary prevention for mental health: A stress inoculation training course for functional adults. *American Journal of Health Education*, 32,(5), 279-287.

Schiraldi, G.R. & **Brown, S.L**. (2001). Primary prevention of mental illness: Results of an exploratory cognitive-behavioral college course. *Journal of Primary Prevention*, 22,(1), 55-67.

B. Books:

Brown, S.L. Consumer Health Workbook (2012), Jones and Bartlett Publishing.

Brown, S.L. *Consumer Health Activities* (2010). Larne Publishing. ISBN: 9780615348513, 270 p.

VI. TEACHING AND ADVISING EXPERIENCE

A. Teaching Interests and Specialties:

Public Health, Research and Evaluation Methods, Consumer Health, Stress Management, Emotional Health

Courses taught at currently:

- Community Mental Health (graduate)
- Principles of Public health (undergraduate)
- Community Health (undergraduate)
- Fund. of Health promotion and health careers (undergraduate)
- Lifestyle and Wellness (undergraduate)
- Stress Management (undergraduate)
- Drug Use and Abuse (undergraduate)

Courses taught elsewhere:

Graduate

- Doctoral Research Methods (doctoral)
- Doctoral Dissertation Seminar (doctoral)
- Professional Preparation in Health Education (doctoral)
- Measurement and Evaluation (masters and doctoral)
- Health Behavior and Health Education (masters and doctoral)
- MPH Practicums (masters)

Undergraduate

- Principles and Foundations of Health Education (undergraduate)
- Planning and Implementation of Health Programs (undergraduate)
- Advanced Concepts in Health (undergraduate)
- Consumer Health (undergraduate)
- Emotional Health (undergraduate)
- Stress Management (undergraduate and graduate)
- Mental Health (undergraduate and graduate)
- Substance Use Prevention (undergraduate and graduate)
- Death and Dying (undergraduate & graduate)
- Complementary and Alternative Medicine (undergraduate and graduate))
- Personal and Community Health (undergraduate)
- Drug Use and Abuse (undergraduate)
- Consumer Behavior (undergraduate)
- Coping with Stress and Tension (undergraduate)
- Ways of Knowing about Stress and Tension (co-taught, undergraduate & grad)
- Student Teaching supervision (undergraduate)
- Community Health Intern supervision (undergraduate)
- B. Current Graduate Faculty Status: Member of the Graduate Faculty
- C. Number of Master's and Doctoral Committees on which Served: 29

Completed Masters Theses/Projects: 5 (1 as chair)

O'Connor, M (2012) [Chair] Project: Power Your Plate! Nutritional Education Program

Garcia, A. (2007) Thesis: Impact of childhood feeding experiences on adult BMI and food perceptions.

Smith, S.W. (2003). Thesis: Death Anxiety: A comparison between mortuary science students who are raised in a funeral home environment and those who are not.

Ellington, R.D. (2003). Thesis: Perceptions of selected school administrators about barriers to implementation and content of sexuality education programs.

McDaniel, T. (2002). Thesis: African American Women at Rural Churches and Attitudes Toward exercise.

Completed Doctoral Dissertations: 24 (7 as chair)

Kim, J (2015) [Former chair]--Leisure activity and stress. (Health education, So IL University)

Steinsdoerfer, G (2014)-- (Psychology, So. IL. University)—Experiences of cardiac nurses.

Moyer, M (2014) [Chair]—Use of an Interactive Web-based Platform, founded on Constructs from the Social Cognitive Theory, to Increase Eating Competence

Crow, B (2014) [Chair]—An investigation of the relationship between Facebook usage & alcohol consumption of undergraduate students

Stroud, M (2014) [Chair]—Predictors of patient education by physical therapists

Bice, M (2013) [Chair]—Evaluative Research for CATCH implementation

Lodyga, M (2013) The Relationship of Multidimensional Health Locus of Control and the Health Belief Model Towards Breast and Testicular Cancer in Late Adolescents

Bradley, J (2012) [Chair] Dissertation: Environmental, social and relational factors that influence the health and physical activity participation of Christian African American mother-daughter dyads: A Social Cognitive Theory Analysis.

Zywiec, D (2012) Dissertation: Women trafficking women and children: An exploratory study of female sex traffickers

Gautam, Y (2012) Dissertation: A study of assessing knowledge and health beliefs about cardiovascular disease among selected undergraduate university students using Health Belief Model.

Davidson, E(2012) Predictors of Sleep Quantity and Quality in College Students

Epperson, A (2011) Dissertation: Health literacy among college student: A case study approach

Teufel, J (2010) [Chair] Dissertation: Social and lifestyle predictors of perceived health in the United States: A replication and extension of Statistics Canada

Shan, Xiaoyi (2010) Dissertation: Influence of parents' child-feeding practices on child's weight status among Chinese adolescents in Beijing, China.

Whitney, E. (2010) Dissertation: Exploring the capacity of a mid-western middle school to implement and sustain a Type 2 diabetes prevention program within a Coordinated School Health Program framework: A case study approach

Miller, S (Psychology) (2010) Dissertation: Fostering organizational wellbeing: A longitudinal examination of physical and attitudinal correlates in worksite health promotion.

Rhodes, D. (2009). Dissertation: An exploratory study of the relationship among perceived personal and social competence, health risk behaviors, and academic achievement of selected undergraduate students.

Haithcox, M. (2009). Dissertation: Social support experiences of HIV/AIDS participants: A grounded Theory Approach.

McClary King, K. (2009). Dissertation: Predisposing, reinforcing, and enabling predictors of middle school children's after-school physical activity participation.

Pulley, P. (2007). Dissertation: Qualitative study of self-efficiency and self-actualization in supposition to the self-directed workers in an industrial application.

Johnson, M. (2006). Dissertation: Exploring traits of a stress management gaming intervention for community college students.

Pettit, M. (2006). Dissertation: Assessing health perceptions, risks, and values: A case study for health education among GED students.

Steinke, L. (2006). Dissertation: Factors influencing technology education teachers to accept and stay in teaching positions as perceived by leaders in state technology education associations.

Rados, R.C. (2003). Dissertation: Stereotypes toward older people among younger adults.

VII. UNIVERSITY EXPERIENCE

A. Departmental Committees at current position:

- Chair, MPH development Committee. Department of Population Health, Sam Houston State University. 2016
- Chair, Public Health Faculty Search Committee. Department of Population Health, Sam Houston State University. 2016
- Healthcare Administration Faculty Search Committee. Department of Health Services and Promotion, Sam Houston State University. 2015

- Curriculum Committee. Department of Health Services and Promotion, Sam Houston State University. 2014-2016.
- Chair, Public Health Faculty Search Committee. Department of Health Services and Promotion, Sam Houston State University. 2015.
- Healthcare Quality and Safety Faculty Search Committee. Department of Health Services and Promotion, Sam Houston State University. 2015.
- Health Communications Certificate development committee—co chair

B. College and University Committees and Councils at SHSU:

- University Core Curriculum Committee. Sam Houston State University. 2016present.
- Meta Assessment Committee. College of Health Sciences. Sam Houston State University. 2016-present.
- Chair, Clinical Nutrition search committee. Sam Houston State University 2018present
- Dean search Committee. College of Health Sciences. Sam Houston State University. 2016-2017.
- School of Medicine Search Committee. Sam Houston State University. 2016—2017.
- Graduate Dean Search Committee. Sam Houston State University. 2015-2016.
- Scholarship Committee. College of Health Sciences, Sam Houston State University. 2014-2015
- RPT Ad Hoc Committee. College of Health Sciences, Sam Houston State University. 2014-2016
- Academic Quality and Success Committee. College of Health Sciences, Sam Houston State University. 2014-2016
- Kinesiology Chair Search Committee. College of Health Sciences, Sam Houston State University. 2014-2015.

C. University Service Elsewhere:

• Undergraduate Curriculum Redesign Committee (chair). Department of Health Education & Recreation, Southern Illinois University at Carbondale. 2013-2014

- Personnel Committee. Department of Health Education & Recreation, Southern Illinois University at Carbondale. 2011-2014
- Health Education Program Advisory Committee. Department of Health Education & Recreation, Southern Illinois University at Carbondale. 2009-2014
- Graduate Admission Committee. Department of Health Education & Recreation, Southern Illinois University at Carbondale. 2001-2014
- MPH Program Development Committee. Department of Health Education & Recreation, Southern Illinois University at Carbondale. 2002-2014
- Personnel Committee. Department of Health Education & Recreation, Southern Illinois University at Carbondale. 2006-2008
- Eta Sigma Gamma Faculty Sponsor. Department of Health Education & Recreation, Southern Illinois University at Carbondale. 2003-2005
- Awards Committee. Department of Health Education & Recreation, Southern Illinois University at Carbondale. 2006,-present, 2002-2004
- College Graduate Assessment Team. College of Education and Human Services. 2013-2014
- College Undergraduate Assessment Team. College of Education and Human Services. 2013-2014
- Faculty Status and Welfare Committee: Faculty Senate, Southern Illinois University at Carbondale. 2012-2013.
- University Dissertation Research Award Committee. Graduate School, Southern Illinois University at Carbondale. 2010-2013
- College PhD Program Committee. College of Education and Human Services. 2010-2011.
- College Academic Affairs Committee. Graduate Committee Chair. College of Education and Human Services, Southern Illinois University at Carbondale. 2008-2010
- College Academic Affairs Committee. Undergraduate Committee Chair. College of Education and Human Services, Southern Illinois University at Carbondale. 2004-2006
- College Advisory Committee. College of Education and Human Services, Southern Illinois University at Carbondale. 2002-2004
- Gerontology Certificate Committee. College of Education and Human Services, Southern Illinois University at Carbondale. 2002-2003

- Graduate Admissions Committee. Department of Public and Community Health, University of Maryland. 1999-2000.
- Graduate Curriculum and Program Committee. Department of Public and Community Health, University of Maryland. 1999-2000.
- MPH Development Committee. Department of Public and Community Health, University of Maryland. 1999-2000.
- Travel and Instructional Support Committee. Department of Public and Community Health, University of Maryland. 1998-2000.
- Faculty Search Committee. Department of Public and Community Health, University of Maryland. 1998.
- Senior University Development Committee. College of Health and Human Performance, University of Maryland. 1998-1999.

VIII. PROFESSIONAL SERVICE

A. Memberships in Professional Associations:

- International Network on Personal Meaning 2018-present
- Global Happiness Organization International 2018-present
- American Public Health Association, 2000-present
- American School Health Association, 2005-present
- Society for Public Health Education, 2000-2002
- American Alliance for Health, Physical Education, Recreation and Dance, 2000-2013
- American Association for Health Education, 2000-2013

B. Offices Held in Professional Associations:

- Chair, National Membership Committee, American Association for Health Education, 2006-2008.
- Committee Member, National Awards Committee, American Association for Health Education, 2006-2011.
- Committee Member, National Membership Committee, American Association for Health Education, 2005-2006.

• Committee Member, National Student Involvement Committee, American Association for Health Education, 2001-2005.

C. Community Service

Walker County Health Initiatives Board member 2014-present

Faculty advisor/sponsor LDSSA student organization 2016-present

D. Consulting

- Curriculum design and development, Dixie State University. 2016-2017.
- Fit, Fresh and Fly, U.S. Dept. of Education PEP grant, Carbondale School District, Evaluator. 2012-2013.
- Health World Outreach, nutrition program revision. Instrument design, methodology, and analysis. 2009-2011.
- Health World Outreach, nutrition program pilot. Instrument design, methodology, and analysis. 2007-2009.
- National Association of Health Education Centers, KidsPoll. Analyze and report surveys of 9-13 year olds regarding their behaviors, attitudes, and experience on health topics at health education centers. 2005-2007.
- St. Joseph Mercy Health Exploration Station, Drugs: Choice or Chance Program. Instrument design, analysis, and reporting on evaluation of a tobacco prevention curriculum. 2004-2005.
- National Association of Health Education Centers, Tampax Contract. Instrument design and analysis for feminine hygiene attitudes and behavior. 2004-2005.
- SIUC, Tobacco Prevention Project Contract. Evaluation of university smoking cessation projects. 2001-2002.
- SPRY Foundation, Health Care Finance Administration Contract. Evaluation of HCFA training program. 1999-2001.
- National Committee to Preserve Social Security and Medicare Contract. Focus groups on attitudes toward Social Security and Medicare. 1999-2000.
- SPRY Foundation, National Institutes of Health Contract. Planning and evaluations of training programs. 1999.

D. Evaluation of Manuscripts:

- Journal of School Health, 2006-present.
- Health Education Research, 2010-present
- American Journal of Health Studies, 2006-present.
- International Electronic Journal of Health Education, 2003-present.
- AAPERD National Convention, AAHE Research Board, 2003.

IX. <u>MISCELLANEOUS</u>

A. Other Work Experience

Norsig and Associates, Tempe, AZ

Healthcare, Medical Devices, and Biotech Researcher/Writer (1995-1996)

Wal-Mart Stores, Inc., Bentonville, AR

Corporate Regional Buyer (1992-1994)

Church of Jesus Christ of Latter-Day Saints, Houston, TX

Full-time, volunteer missionary/church worker (1987-1989)

B. Student Awards/Honors

- Outstanding Teaching Assistant—Graduate School, University of Maryland, College Park, MD (1999-2000)
- Graduate Assistant of the Year—Department of Public and Community Health, University of Maryland, College Park, MD (1998-1999)
- Outstanding Teaching Assistant—Graduate School, University of Maryland, College Park, MD (1998-1999)
- Magna Cum Laude--Brigham Young University, Provo, UT (1992)

C. Student Research (unpublished)

Brown, S.L. (1998). A Cognitive-Behavioral-Environmental Protocol for Working with Delinquent Youth: A 15-Week Classroom Intervention. Unpublished, University of Maryland, College Park, MD.

Brown, S.L. (1997). A Meta-Analysis of Worksite Fitness Programs and Absenteeism. Unpublished Masters Thesis, Arizona State University, Tempe, AZ.

Brown, S.L. (1996). Cost-Effectiveness of Worksite Fitness Programs. Unpublished, Arizona State University, Tempe, AZ.

D. Graduate Student Community Service

- Saint Ann's Home for Women and Children—Brentwood, DC. Health education program for young pregnant women and new mothers. 1998.
- Tough Talk—Seat Pleasant, MD. Adolescent communications skills/violence intervention. 1998.
- Center for Youth Services—Southeast, DC. Health education program for adolescent delinquents. 1997.
- Piautte Neighborhood Center—Scottsdale, AZ. Instrument design and community survey. 1996.